



To me, basketball is life.

Pretty much most of my life revolves around basketball, and it is my happy place. As a disciplined sports person, I've benefitted from the advice to be conscious of your distractions.

Distractions can come in many forms, and are often unexpected. But be conscious of these distractions: recognise them, and be prepared to tackle and overcome them in order to attain your goals.

I'd also like to express my gratitude to Mr Sham and my teammates: Mr Sham has my utmost respect, and without him, I would not be as inspired and industrious. My teammates motivate me, and our familiarity with each other spurs me to do better.

To greater heights!